



LUNCH

OCTOBER 2021

Altmar-Parish-Williamstown Elementary Schools

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE

MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

1
Grilled Cheese Sandwich
Fresh Carrots
Applesauce Cup/Fresh Fruit
Milk

4
Cheese Lasagna
Texas Garlic Toast
Fresh Carrots
Peach Cup/Fresh Fruit
Milk

5
French Toast Sticks
Breakfast Sausage
Hash Browns
Orange Juice/Fresh Fruit
Milk

6
Traveling Taco
Taco Meat/Dorito's Chips
Baked Beans
Tropical Fruit Cup/Fresh Fruit
Milk

7
Cheese or Pepperoni Pizza
Fresh Broccoli
Mixed Fruit Cup/Fresh Fruit
Milk

8
Chicken Sliders
Fresh Carrots
Applesauce Cup/Fresh Fruit
Milk

11
Columbus Day

12
Dutch Waffle
Breakfast Sausage
Potato Emoticons
Orange Juice/Fresh Fruit
Milk

13
Taco Salad
Tortilla Chips
Baked Beans
Tropical Fruit Cup/Fresh Fruit
Milk

14
Cheesy Bread Sticks
Dipping Sauce
Tossed Salad
Mixed Fruit Cup/Fresh Fruit
Milk

15
Chicken & Biscuits
Mashed Potatoes
Fresh Carrots
Applesauce/Fresh Fruit
Milk

18
Chicken Alfredo Over Pasta
Texas Garlic Toast
Fresh Carrots
Peach Cups/Fresh Fruit
Milk

19
French Toast Sticks
Breakfast Sausage
Hash Browns
Orange Juice/Fresh Fruit
Milk

20
Traveling Taco
Taco Meat/Dorito's Chips
Baked Beans
Tropical Fruit Cup/Fresh Fruit
Milk

21
Personal Pan Pizza
Fresh Broccoli
Mixed Fruit Cup/Fresh Fruit
Milk

22
Fresh Friday
Salad Bar
Chicken, Ham, Cheese
Lettuce & Veggies
Applesauce/Fresh Fruit
Milk

25
Macaroni & Cheese
Texas Garlic Toast
Fresh Carrots
Peach Cup/Fresh Fruit
Milk

26
Eggs and Pancakes
Potato Tots
Orange Juice/Fresh Fruit
Milk

27
Steak Fajita On a Wrap
Black Beans & Corn
Tropical Fruit Cup/Fresh Fruit
Milk

28
Cheese Pizza Bites
Dipping Sauce
Tossed Salad
Mixed Fruit Cup/Fresh Fruit
Milk

29
Grilled Cheese Sandwich
Fresh Carrots
Applesauce Cup/Fresh Fruit
Milk

Also Offered

Popcorn Chicken, Fresh House Salad, Yogurt & Cheese, or Peanut Butter & Jelly. Schoollunchables also available.





BREAKFAST MENU



Monday	Tuesday	Wednesday	Thursday	Friday
Mini Maple Pancakes or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk	Pancake Jiffies or Cereal w/Yogurt Fresh Fruit and 100% Fruit Juice Low Fat Milk	Hot Breakfast Sandwich or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk	Fruited Yogurt Parfait or Cereal w/Yogurt Fresh Fruit and 100% Fruit Juice Low Fat Milk	Breakfast Pizza or Cereal w/String Cheese Fresh Fruit and 100% Fruit Juice Low Fat Milk

There is no charge for meals to students. The Community Eligibility Provision is in place.

Adult Lunch Price \$4.00 (includes tax)

Milk \$.65

Ice Cream \$.75

Field Trips

Please remember that Food Service offers nutritious bagged lunches - watch for information sent home about upcoming field trips at your child's school. Simply fill out the form and return it to your child's classroom.

Have you ever thought about working for us?

When your children are in school all day, you may have extra time on your hands. Consider working part-time in your local school cafeteria. Most shifts are between 10am and 2pm. Work is Monday through Friday, with all school holidays off. Check out our website or call 315-625-5227 for more information.

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In accordance with Federal law and USDA policy, this institution is prohibited from discriminating on the

Basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write

To: USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410

Or call (800) 720-6382 (TTY).